



## **Advice to All Parents - warn and inform**

Dear Parents and Guardians,

We wish to inform you there has been a number of confirmed cases of COVID-19 within the school.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Following the change in guidance on 19 July 2021, the school will continue to ensure confirmed cases of COVID-19 do not attend until the end of their self-isolation period but contact tracing within the school setting will no longer continue. To help prevent avoidable spread, we encourage staff and families to continue with the twice weekly LFD testing, to inform us of the result and to follow-up any positive results with a confirmatory PCR test. Please note that LFD tests are not suitable for children under the age of 11.

I would like to encourage all parents to consider taking up the offer of protection with two doses of the covid vaccine. You can book through the NHS portal: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

If you have any concerns about the vaccine then please find links to the NHS Kernow website which has some Frequently Asked Questions to help you: [COVID-19 vaccine - Frequently asked questions - NHS Kernow CCG - NHS Kernow CCG](#)

The school remains fully open and your child should continue to attend as normal if they remain well.

## **What to do if your child develops symptoms of COVID-19**

If your child develops symptoms of COVID-19 at any time, however mild, the child must self-isolate along with any other household member who does not meet the exemption criteria. Book a PCR test for the person with symptoms (even if they have already taken a test). Symptoms of COVID-19 are:

- A new, continuous cough, and/or
- A temperature, and/or
- A loss of, or change to, sense of taste and/or smell.

You can book a test through <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

If the test is negative, your child can return to school/Early Years setting once they are well and have been fever free (without the support of paracetamol or Calpol) for at least 24 hours.

If the test is positive only unvaccinated members of your household over the age of 18 years must self-isolate for 10 days from the date symptoms started. If other household members become unwell they need to extend their isolation period as shown in this [infographic](#).

Those who are [clinically extremely vulnerable](#) should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111. **For most people, coronavirus (COVID-19) will be a mild illness.**

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- Keep indoor spaces as well ventilated as possible – let the fresh air in, even if for a short period a day
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Finally, it is worth remembering that these COVID cases are representative of the high numbers in the community at present. For this reason, we are continuing to ask parents and guardians to **wear masks whilst on site**, unless usually exempt or where this might adversely impact your child. Thank you for your continued support.



Best wishes,

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