



Thursday 4th February 2021

Dear Parents/Carers,

As you will know, this week is [Children's Mental Health Week](#). Given the year we have all had, acknowledging that **we all have mental health** is more important now than ever. Some great resources for parents and carers can be found [here](#).

Wellbeing is essential for **parents and carers** too. We are far readier to meet our child's needs when we are feeling mentally well ourselves. Rachel Perris' Time to Talk sessions continue on Thursdays and there is a great deal more support available whenever it is needed. Please do reach out if we can help.

We are asked to complete a daily report about the number of pupils isolating due to COVID-19, whether they are currently attending school or not. If your child is **symptomatic, awaiting a test or isolating** due to contact with someone who is, please do let us know as soon as you can. Many thanks for your support.



We take our hats off to Oliver, Harry, Isaac, Joshua and family members for running a **mile a day** all the way through February. Not only are they keeping their bodies and minds healthy, but they are also raising over £800 for [Action Cerebral Palsy](#). Inspirational stuff!

Well done also to Evie in Class 7 who has won a prize in an **art competition** judged by Kurt Jackson for this beautiful depiction of Geevor Mine. Congratulations to all who entered from Penpol!



The week beginning **Monday 15th February** is **half term week**. It is important that your children (and hopefully you too) are able to enjoy a very well-deserved rest during half term, particularly following such a busy and challenging start to the year. Our team will be taking a rest also though we will be available to support with the track and trace process and should any emergencies arise.

Yet again this week, the quality of learning shared on **Tapestry** and **Showbie** is absolutely fantastic. It is wonderful to see so much fun and creativity going on and this is testament to the fact that you really are doing an incredible job as temporary teachers – we salute you all. If you are experiencing any challenges in accessing online learning or need any other learning resources, please do not hesitate to get in touch.

Thank you all for your support.

Chris Chislett
Headteacher
head@penpol.cornwall.sch.uk

