



Tuesday 19th January 2021

Dear Parents/Carers,

As you may have read in last week's update, our **wellbeing forum** for parents and carers with Rachel Perris begins this **Thursday**. In these testing times, it is vital that we each nurture our mental health as much as we do our physical health. These sessions are open to all, with the aim of providing a safe space for talk and support. Rachel is a highly experienced coach who works regularly at Penpol to support pupils, staff, parents and carers. Sessions will run at **1pm** and at **2pm** and you are welcome to join either group. We will send a Zoom link out shortly via text message.

Thank you for your feedback about our **remote learning** support. We are proud of our offer and will continue to adapt provision wherever this is helpful. In particular, we are keen to avoid families feeling at all overwhelmed. Please do let us know how this is going and keep in touch if we can support in any way. **Well done to all for another week of incredible home learning!**



Thank you to all **key working families** for limiting your usage of our school provision wherever safely possible. We cannot wait to reopen to all pupils again when it is safe to do so but, in the meantime, we do need to keep our numbers of pupils on site to a minimum. If your child is booked into our provision and you no longer require the session, please let us know.



Paradise Park, like many visitor attractions, is facing significant challenges during the current lockdown and has reached out for support from the local community. If you are able to help in any way, more information can be found at the link below:
<https://paradisepark.org.uk/support-us/>.

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