



Dear Parents/Carers,

At Penpol School, we believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including all kinds of relationships, physical and emotional health and living in the wider world. The aim of the PSHE curriculum is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE curriculum and a statutory curriculum entitlement to our pupils. We will be teaching lessons about RSE in the second part of the Summer Term. As you would expect, each year group will be taught sensitively using the appropriate language. The RSE curriculum is taught throughout the school as part of a gradual, whole class approach. Below are the objectives the children will be learning about.

Year 2 & 3 – Boys, girls and families

Pupils learn:

- to understand and respect the differences and similarities between people.
- the biological differences between male and female animals and their role in the life cycle.
- to use appropriate vocabulary to describe the biological differences between male and female children.
- about growing from young to old and that they are growing and changing.
- that everybody needs to be cared for and ways in which they care for others.
- about different types of family and how their home-life is special.

Year 4 & 5 – Growing up and changing

Pupils learn:

- the way we grow and change throughout the human lifecycle.
- the physical changes associated with puberty, like menstruation.
- about the impact of puberty on physical hygiene and strategies for managing this.
- how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty.
- strategies to deal with feelings in the context of relationships

Year 6 – Healthy relationships and how a baby is made

Pupils learn:

- about the changes that occur during puberty.
- to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact.
- what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships.
- about human reproduction in the context of the human lifecycle
- how a baby is made and grows (conception and pregnancy)
- about roles and responsibilities of carers and parents

More details about the RSE program can be found on our website in the RSE policy. If you have any questions or concerns, please do not hesitate in asking your child's class teacher or Mr Jones (PSHE Lead).

Thank you for your continued support,

Mr C Jones

PSHE coordinator

Headteacher: Mr C Coyle-Chislett Phone: 01736 753472 Email: secretary@penpol.cornwall.sch.uk Online: penpolschool.co.uk

