

April - August 2018

FREE COURSES & SUPPORT for PARENTS, CARERS & FAMILIES

For further information please ring Myra Whitney Parent & Adult Education Lead
on 01736 759058

**Please call 01736 759058 to book
Bump to Baby Antenatal Classes**

The Shekinah Centre

Taroveor Road, Penzance TR18 2AA

Weds 11th April – 25th April 2.00pm – 4.30pm

Weds 13th June – 27th June 2.00pm – 4.30pm

St Ives Family Hub

Trenwith Burrows, TR26 1DJ

Tues 1st May – 15th May 3.30pm – 6pm

Hayle Family Hub

Bodriggy Street, TR27 4ND

Fri 27th July – 10th August 9.30am – 12 noon

St Johns Hall, Room 3.03

Penalverne Drive, Penzance TR18 2QZ

Tues 14th Aug – 28th Aug 2.00pm – 4.30pm

Family Support Advice Sessions

**If you have a child under the age of 13 and
need some advice, or if you are unsure which
agencies to contact then we can help.**

Hayle Children's Centre from 10am - 2pm

20th April, 18th May, 15th June,

20th July, 17th August.

To book please ring on 01736 759058

Challenging Behaviours Peer Support Group

St Johns Hall, Penzance, Room 3:02

Monthly support & information for Parents &
Carers who may be worried about ADHD, ADD &
ASD. Often with a Speaker.

No diagnosis required.

Drop ins run from 10am -12 noon on:-

Tues 22nd May, 26th June, 24th July

* Please book using an Early Help Hub Request

* Incredible Years Baby (0 - 12 months)

Hayle Family Hub

Mon 11th June - 16th July 10.00am - 11.30am

* Incredible Years Toddler (12 - 36 months)

Gooseberry Bush Nursery

Cliff View Road, Camborne, TR14 8QH

Fri 4th May – 13th July 9:30am – 11:30am

Booking essential as crèche places are limited.

* Incredible Years 6 - 11 years

St Johns Hall, Penzance, Room 3:02

Weds 25th April - 18th July 9.30am - 11.30am

* TAKE 3: Parenting Teenagers aged 12 - 17

Flashlight Centre, The Tower

Bedford Road, TR26 1SP

Weds 25th April - 4th July 10am - 12 noon

* Passionate about ADHD

Hayle School, High Lanes, TR27 4DN

Tues 5th June – 10th July 10am – 12.30pm

* Time Out for ASD

Hayle Family Hub, Beach Hut

Mon 14th May - 23rd July 6.30pm - 8.30pm

* Living with Parents Workshop

Hayle Family Hub, Beach Hut & Play Room

Fri 25th May 10am - 3pm

**NB: Family Hubs formerly known as
Children's Centres will now support families
with children from –9 months (Antenatal)
to 19 years old.**

* For details and a request form for these courses please contact **The Early Help Hub on 01872 322277**

Email: earlyhelphub@cornwall.gov.uk www.cornwall.gov.uk/earlyhelphub

Course details can also be found online at: www.cornwallfisdirectory.org.uk Tel: 0800 587 8191

You can also get information and course request forms from your local Family Hub